Risdon Park News

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COUNSELLOR NEWS – Week 9

This will be my last Counsellors update before the end of the term and before I go on maternity leave so I would like to thank all the staff, students and families at RPPS for making me feel so welcome at the school. I have thoroughly enjoyed my time here and I wish everyone a great third term holiday and successful and happy last term for the school year.

ATTENDANCE DATA UPDATE

It has been pleasing to see an increase in student attendance across a number of classes and the whole school in the last 2 weeks. Our data shows that 4 classes across the school sit at the top of the challenge with the highest % of student attendance at 94% - Miss Parslow, Mrs Wohling, Miss Jagiello & Mrs Dick/Miss Taylor. Well done!!!!!

As we move towards the end of the term let’s ensure we keep our attendance up and if your child is away please notify the school of their absences.
REFLECTION ROOM
This term we have been keeping a tally of students who have had to attend the Reflection Room at lunchtime for poor behaviour in the school yard during morning, recess and lunch breaks. I am pleased to report that Miss Sargent’s Year 6/7 class and Miss Parslow’s Reception class have not had any student attend the Reflection Room all term. This is an exceptional effort and a goal all classes should be working towards. Other classes showing some good results include Miss Kupsch’s Year 6/7s and Miss Oaklands Reception/Year 1 class who have had only 1 referral for the term.

UCW THEME DAY – THURSDAY, WEEK 10
A reminder that Kids Co is holding a Theme Day on Thursday, Week 10 to raise money for Uniting Care Wesley, a local charity supporting our community. Children are asked to come dressed in something starting with a U, C or W and to give a gold coin donation for the day. The Kids Co group will be running competitions at lunch time for students to be involved in including the longest kick, foul shooting/knockout, computer games, guess the lollies in the jar. To enter any of these competitions students will pay 20c and there are great prizes to be won including canteen vouchers and Adelaide Crows sporting memorabilia. All proceeds from the day go to Uniting Care Wesley.

PALS PROGRAM UPDATE
PALS continues to run this term on a Wednesday and Friday during lunchtimes with the PALS leaders working with an average of 30 Reception to Year 3 students each time. The students seem to be enjoying the organised activities with it keeping them entertained, very busy and problem free during the lunch breaks. The Year 6/7 PALS leaders are also enjoying working with and getting to know some of the younger students in the school.

Thanks & good luck for remainder of year
Carly Pavy 😊
Dear Parents and Caregivers,
I would like to introduce myself to you. My name is Melissa Hands, I am taking over the Aboriginal Community Officer (ACEO) role here at Risdon Park Primary School for the rest of 2013 for 12 hours per week.
I’ve had previous opportunity to work in an ACEO role here in Port Pirie and have enjoyed supporting our Aboriginal families to have a positive involvement in our children’s education. I look forward to having your input. Along with Damien Mellow (Deputy Principal), Kelly Zwar who is the Counsellor and the Special Ed Coordinator for term 4, we hope to meet the needs of your children here at Risdon Park Primary School.

My Hours are:
- MONDAY 9am – 12 noon
- WEDNESDAY 9am – 12 noon
- THURSDAY 9am – 3pm

- I will be working with other staff at the school to ensure we are all supporting and acknowledging our Aboriginal Families /Culture.
- I can speak on your behalf or advocate support for you/your family with other services.
- Ongoing with Aboriginal Parent/Caregiver Voice Meetings having your say and contributing to your child’s education.
- Build partnerships with community/agencies to provide services and support for our Aboriginal families to access.
- I will also work with the school to ensure Aboriginal culture and celebrations are acknowledged and celebrated as a whole school.
- If you have any idea’s or concerns please feel free to make a make a time for a visit or call.

Thank you, Melissa

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**Lions Christmas Cakes are Available Now**

These delicious traditional Christmas cakes not only taste delightful, but the Port Pirie Lions Club invest all profits from the sale of the cakes back into the local community. This year Lions have introduced a fantastic mini Christmas cake which is perfect for school or work lunches and is individually wrapped for your convenience.

Cakes are on sale for:
- $15.00 for the 1.5kg cake
- $11 for the 1kg cake
- $2 for the 80gm mini cake.

Cakes will be available in businesses, banks and around the community from next week or ring Katie Patterson on 0417 080 683 to place orders.

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**School Fees**

Are now overdue for 2013 school year.

**Please lodge School Card Application Forms**

As soon as possible

**Contact Michelle (Finance Officer) to Finalise Payments**

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Family Day Care—Cheryl Burridge

I will be starting Family Day Care on the 26th August if anyone is looking for care. I am looking at ages 2 and up and also after school care.

If interested you can contact me on 86331005 or 0419003620
SPORTS DAY 2013

Sports Day was a great success again this year despite our troubles with the weather. The year 6/7 teachers and the House Captains and Vice Captains did a terrific job devising a great Health Hustle and training the students to present it so colourfully at the opening of the day. The Whole School relay event organised with students from R-7 was a really colourful and spectacular event again this year. The Early Years students showcased their coordination skills in the morning with a range of Tabloid activities. Pat Greig/Rebecca Oaklands did a magnificent job coordinating the program and the Parent event was an exciting highlight to the morning activities.

In the 3-7 program students participated in year level Sprints and team games.

**FINAL SCORES**

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<th></th>
<th>Risdon 443</th>
<th>Kingston 385</th>
<th>Woodward 368</th>
<th>Leonard 366</th>
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Thank You To......
- the volunteers who acted as Judges during the 3 -7 program and support our staff doing this role:- Michael Ketses, Rachael Bennet, Amy Tiller, Talisha Hillier, Jess Marwick, Tammy Fischer.
- Peter Edwards who gave his time again this year to act as Starter - he really gives the 3 -7 program extra atmosphere with the starting gun.
- Pauline Cooper for cutting up the ribbons and preparing the judges cards again this year
- Tessa Collins and Michelle Beyer for scoring
- Greg Cox and Allan Paine for marking the oval track and circles and coordinating the placement of markers and equipment for the events on the day.
- Lewis Johnston , Adelaide Crows, for opening Sports day.
- Staff and students who made the day enjoyable
- and finally to all the parents and their families who were able to attend Sports Day and support the students during the Early Years activities and the 3-7 Programme of events.

Cheers,
Damien Mellow, Deputy Principal

On Friday the Port Pirie Police came and to talked to us about Cyber bullying. We learnt that cyber bullying can lead you to fines and sometimes even jail. People that get bullied a lot can sometimes become depressed, withdrawn from school or develop mental illness. Cyber bullying isn’t only on the internet; it is also on phone, iPads and iPods. So be safe on all electronic devices. Cyber bullying is a terrible thing to do so make sure you are using electronic devices & social media tools for the right reasons.

Written by Decklan Gray and Imogen Steff
CYBER BULLYING BY Michael Grose. Bullying and harassment online is now commonplace. For instance, over a third of teenage girls have been sexually harassed via the Internet and 2 in five have been asked to post naked pictures of themselves online.

The emergence of social media sites has seen cyber bullying go to a new level. Messages and images can now spread like wild fire reaching a huge potential audience in the time it takes to upload an image or shoot off a text message.

Once the family home offered young people an escape from schoolyard bullies. Now the cyber world is so invasive that their bedrooms offer no guarantees of safety any more.

The cyber world is enticing. Young people have always wanted to escape from their parents’ world. In the past they hung out in shopping centres and pool halls. Parents tried their best to keep an eye on where their children were and what they were doing.

The online world is now the shopping mall of the 21st Century. Parents have the same responsibility to help kids stay safe in the online world as they do in the real world. 'Stranger danger' and accompanying safe behaviours are just as relevant in the online world as they are in the real world.

Here are some ideas:

Use the same offline preventative strategies to maximise their children's online safety as you already use offline. These strategies include: letting children about the right way to behave online; don’t let them spend all night in the cyber world; and ask questions about what they are doing and where they go when they're online.

Remind kids that things in the online world can spin out of control very quickly. A written message or an image can be circulated electronically so rapidly that the scope and scale of cyber bullying can be greater than any other form of bullying.

The following seven key messages form the basis of an online safety strategy for kids. They should be taught to kids so they become second nature, just as the messages about stranger danger were absorbed by an earlier generation.

1. Respect others. Make kids aware that what they send can offend. Discuss with kids the types of messages and images that can cause harm to others when sent. Teenagers often walk a fine line with what they do and say to each other offline, yet it’s relatively harmless. The same type of behaviour online however can be a different story.

2. Think before you send. Remind kids cyberspace is a very public and permanent forum. A text message or image sent to just one person can pass to a potentially unlimited number. Once they are sent they almost impossible to erase and take back.

3. Treat online passwords like your house key. Teach kids to keep passwords guarded at all times. Young people can be incredibly trusting of each other, which is to be encouraged. However there are some things, such as online passwords that they don’t share, not even with their best friend.

4. Block bullies. Teach kids to block bullying messages. They can filter out messages and addresses online. Similarly, they can block text messages from bullies as well.

5. Don’t reply to harassment. Bullies can retain proof of your response, which can further be spread around. Besides responding to bullying behaviour often simply encourages the bully to continue.

6. Save the evidence. If kids are bullied they should keep the pictures and offending messages. These can be used as proof if the bullies are brought to justice.

7. Tell someone. The insidious part of bullying is that kids on the receiving end often don’t seek help, as they think there’s something wrong with them. Talk with kids about going to a trusted adult, when they feel their rights or safety have been violated. They should with your help report online bullying to the appropriate service provider.

Parenting Ideas – Michael Grose. As a school we have signed up to Michael Grose who provides ideas and strategies in his newsletter articles for teachers and parents. We will be including some of these at different times. If you would like more information please talk to Carly (school counsellor) or myself.

Cheers Damien Mellow

Please follow this link www.parentingideas.com.au/Parents/Parenting-Magazine
The local Rugby League club, Spencer Gulf Titans and the NRL are planning an Under 13s Port Pirie team to play a visiting team from Adelaide. Details on the game are

**Date:** Friday 4th October  
**Time:** 12.30pm  
**Venue:** Port Pirie

All interested players are asked to go to the website  

All the key information is there and interested players are asked to register. They will then be contacted about the coaching program that will commence in mid-September.

For any more questions please contact Dave Cohen of the NRL on 0411 159 465 or Titans contact Andrew Unger on 0418 448 420

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### School Banking Update

In 2014 the school banking program will be launching a new set of exciting reward items for students to redeem their tokens for. Each reward item will continue to be valued at 10 tokens (ie 10 deposits) and there will be two new reward items for students to choose from each term.

With exciting new reward items on offer in 2014, please be aware that the Dollarmite moneyboxes will no longer be available next year. To avoid any child missing out on claiming their moneybox, please let your children know of this change and encourage them to redeem their moneybox this school year.

In an effort to ensure your child doesn’t miss out, the rule of one money box per year has been removed. If your child is trying to collect the series of Dollarmite moneybox, they are encouraged to do so before the end of the school year. Please understand that they still need to redeem each moneybox for the required 10 tokens.

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### CANTEEN SPECIAL

**FRIDAY 20TH SEPT ONLY**

Beef Stroganoff served with rice and bread roll + 600ml bottle of water

- Full serve $5.00
- 1/2 serve $4.00

**NO Chicken Wedges on Fridays**

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### Model Train Show

Port Broughton Community Hall  
Saturday 5th & Sunday 6th October 2013  
9.00am—5.00pm

- Adults $6.00  
- Children (5-15) $3.00  
- Family $12.00
Smelters Picnic

Football Competition For Juniors

Wednesday 2nd October

Win cash at the Smelters Picnic by participating in the Long Bomb

The longest kick for each grade

1st prize is $50.00
2nd prize is $20.00
3rd prize is $10.00

Grade 3 & under Registration at 10.00am for a 10.15am Start
Grade 4 & 5 Registration at 10.45am for a 11.00am Start
Grade 6 & 7 Registration at 11.30am for a 11.45am Start

Please meet in front of the Little Grand Stand at Memorial Oval in Pt Pirie (Concrete Grandstand) to register your name or If you have any questions please call Craig Oliphant on 0428851978.

Healthy Smile Healthy Life

SA Dental Service

Do you have a 2013 Teen Dental Voucher for your child?

If your child is due for their Dental check-up before the end of the year, please contact the Port Pirie West School Dental Clinic on 8632 1926 NOW to see if you can obtain an appointment before the voucher expires.

Make use of this valuable voucher. The vouchers are only valid until the end of December and appointments are filling fast so ring now to ensure you don’t miss out.

Note: SA Dental Service is only able to offer an appointment if your child is due for their dental exam.

The Port Pirie West School Dental Service is open Monday to Friday from 8:30 am to 4:30 pm.

The clinic attempts to make suitable appointment times but please note Year 12 students will be given preference in relation to before and after school appointments.

All School Students, aged under 18 years, are eligible for oral health care with the School Dental Service. All dental care is free for pre-school clients.

For emergency advice after hours, please contact 1800 022 222.

A Learning Community that Values: Respect, Responsibility, Cooperation, Honesty, Caring
In **Room 24** we have been learning about eating healthy foods. We should eat different coloured fruits and vegetables each day.

All fruit and vegetables give us fibre, which helps clean out the insides of our body. Different colours fruits and vegetables give us different vitamins and minerals, which help us to grow and keep our bodies healthy so they don’t get sick.

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What colour fruit and vegetables do you like the most?

**Purple and black fruit and vegetables help our brains.** Eg. Blue berry, cabbage, grapes, fig, egg plant, turnip, olives, beetroot,

**Orange keep our eyes and skin healthy.** Eg. Carrot, pumpkin, apricots, papaya, persimmon,

**Green fruit and veg gives us iron for our blood and calcium for our bones.** Eg. Spinach, celery,

**Yellow vegetables keep our eyes healthy and stop us getting sick.** Eg. Pineapple, lemon, banana, capsicum, squash, sweet corn,

**Red help our eyes, skin and protect against cancer.** Eg. Watermelon, potatoes, rhubarb, raspberries, radish,

**Brown and white fruit and vegetables help us grow and give us energy to run.** Eg. Mushrooms, onion, legumes, garlic, dates, potato, lychee, sultanas, parsnip
HOT SHOTS TENNIS COACHING CLINICS
Specially designed coaching program for boys and girls aged 5, 6, 7. Small racquets, small tennis courts, and larger softer tennis balls.
Will be held on Sunday mornings at the Tennis Centre on courts 6, 7, 8 for 6 weeks during the summer season.
9.30am – 10.15am Level 1 (Hot Shots for Beginners), and 10.30am to 11.15am Level 2 (Advanced Hot Shots).
Dates: October 27; November 3, 10, 17, 24; December 1.
Cost is just $5 per session (Total registration fee $30). Free Hot Shots T-Shirt for all registered juniors.
For further information contact Hot Shots Tennis Coach, Grant Hanlon, 0414 320 840.

30TH ANNIVERSARY (1983-2013) OF THE PORT PIRIE TENNIS CENTRE
All tennis playing juniors, their parents, relatives and friends are invited to the 30th Anniversary Celebrations of the Port Pirie Tennis Centre.
Friday 11th October – From 7pm, “Meet and Greet” at Tennis Centre
Saturday 12th October – 1pm BBQ Lunch followed by Social Doubles Tennis; 7pm Anniversary Dinner at Tennis Centre with Light Entertainment.
Sunday 13th October – From 10am, Morning Tea and Farewell to travelling visitors.
Seeking donated mornay dishes or plate of sweets for the Sat night dinner. Please contact Grant Hanlon 0414 320 840 if you are able to donate food. It would be very much appreciated.

WEDNESDAY FAMILY TEAMS TENNIS
All families of Risdon Park Primary School are invited to register a team in the upcoming Wednesday Twilight Tennis Competition.
Starts October 16. Teams to be registered by September 30.
Families can also have friends join their team.
4, 5 or 6 players can play on the night.
Doubles sets only, from 7pm to approx. 8.30pm at the Tennis Centre.
Great family atmosphere and social occasion. Have fun with the family, meet new people and enjoy the tennis.
Registration fees: $50 seniors*, $25 juniors*.
*If seniors are already playing in the Friday night senior pennant competition or in the Saturday morning junior competition they are exempt from registration fees and will only need to pay weekly ball/light fees ($5 seniors, $3 juniors).

TUESDAY MORNING LADIES SOCIAL TENNIS
This is a new social tennis competition about to start for women aged between 18 and 50(ish). Doubles only.
Turn up at the Tennis Centre whenever you like on a Tuesday morning from 9am to 12noon and enjoy a great social atmosphere.
Bring along children and toys. Large area inside and outside for babies and toddlers.
New coffee machine at the tennis should appeal to the ladies when off court.
Wi-Fi for Internet access, and large size TV (ABC for Kids channel).
Come along and meet new people and enjoy a social time out with “the girls”.
$50 fees for 12 months of competition. Will be played during spring, summer, autumn and winter.
$3 weekly ball fees.
Starts Tuesday, September 24.
Further enquiries: Tennis Centre Manager, Grant Hanlon 0414 320 840.
11th Port Pirie Gymnastics Invitational

4th - 7th October 2013
John Pirie Stadium

Weekend begins with the advanced levels
Women's podium training Friday 4th at 6:00-9:00pm
Junior levels 1-3 Saturday 5th from 8:30am
Women's levels 7-10 Saturday from 5:00pm
Girls levels 4-6 Sunday 6th
Men's competition Monday 7th from 8:30am
phone 0437937638

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